

定义 4.1.2 (角动量升降算符):

$$\begin{aligned} J_{\pm} &= J_x \pm iJ_y \\ J_{\pm} J_{\mp} &= \vec{J}^2 - J_z^2 \pm \hbar J_z \\ \vec{J}^2 &= \frac{1}{2}(J_+ J_- + J_- J_+) + J_z^2 \\ [J_+, J_-] &= 2\hbar J_z, [J_z, J_{\pm}] = \pm \hbar J_{\pm} \\ [J_x, J_{\pm}] &= \mp \hbar J_z, [J_y, J_{\pm}] = -\hbar J_z \\ [J^2, J_{\pm}] &= 0 \end{aligned}$$

$$J_{\pm}|jm\rangle = \hbar\sqrt{j(j+1)-m(m\pm 1)}|j,m\pm 1\rangle$$

4.2. 自旋

定义 4.2.1 (Pauli 矩阵):

$$\begin{aligned} \sigma_x &= \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \\ \sigma_{\alpha}\sigma_{\beta} &= \delta_{\alpha\beta} + i\sum_{\gamma}\varepsilon_{\alpha\beta\gamma}\sigma_{\gamma} \\ \sigma_{\alpha} &= \sigma_{\alpha}^{\dagger} \end{aligned}$$

定义 4.2.2 (磁矩算符):

$$\begin{aligned} \vec{\mu} &= g\frac{\mu_B}{\hbar}\vec{J} \\ \vec{J} &= \vec{s}, \vec{l}, g_l = -1, g_s = -2 \end{aligned}$$

定义 4.2.3 (磁矩磁场相互作用能):

$$W = -(\vec{\mu}_l + \vec{\mu}_s) \cdot \vec{B}$$

定义 4.2.4 (旋量波函数):

$$\begin{aligned} \psi(\vec{r}, s_z) &= \begin{pmatrix} \psi_1(\vec{r}, +\frac{\hbar}{2}) \\ \psi_2(\vec{r}, -\frac{\hbar}{2}) \end{pmatrix} \\ \text{在哈密顿量不含自旋或可以表示成} & \\ \text{与自旋部分之和的时候} & \\ \psi(\vec{r}, s_z) &= \psi(\vec{r})\chi(s_z) \\ \alpha &= \chi_{+1/2}(s_z) = \begin{pmatrix} 1 \\ 0 \end{pmatrix} \\ \beta &= \chi_{-1/2}(s_z) = \begin{pmatrix} 0 \\ 1 \end{pmatrix} \end{aligned}$$

4.3. 耦合与非耦合表象的基底变换

$$\begin{aligned} |j_1 j_2 jm\rangle &= \sum_{m_1=-j_1}^{j_1} \sum_{m_2=-j_2}^{j_2} C_{j_1 m_1 j_2 m_2}^{j_1 j_2 jm} |j_1 m_1 j_2 m_2\rangle \\ C_{j_1 m_1 j_2 m_2}^{j_1 j_2 jm} &= \langle j_1 m_1 j_2 m_2 | j_1 j_2 jm \rangle \end{aligned}$$

4.4. 电子耦合与非耦合表象变换

$$\begin{aligned} \Psi_{l,j=l+\frac{1}{2},m_j} &= \frac{1}{\sqrt{2j}} \begin{pmatrix} \sqrt{j+m_j} Y_{l,m_j-\frac{1}{2}} \\ \sqrt{j-m_j} Y_{l,m_j+\frac{1}{2}} \end{pmatrix} \\ \Psi_{l,j=l-\frac{1}{2},m_j} &= \frac{1}{\sqrt{2j+2}} \begin{pmatrix} -\sqrt{j-m_j+1} Y_{l,m_j-\frac{1}{2}} \\ \sqrt{j+m_j+1} Y_{l,m_j+\frac{1}{2}} \end{pmatrix} \end{aligned}$$

$$\begin{aligned} Y_{lm_l\chi_{\frac{1}{2}}} &= \sqrt{\frac{l+m_l+1}{2l+1}} \Psi_{l,j=l+\frac{1}{2},m_l+\frac{1}{2}} \\ &\quad - \sqrt{\frac{l-m_l}{2l+1}} \Psi_{l,j=l-\frac{1}{2},m_l+\frac{1}{2}} \\ Y_{lm_l\chi_{-\frac{1}{2}}} &= \sqrt{\frac{l-m_l+1}{2l+1}} \Psi_{l,j=l+\frac{1}{2},m_l-\frac{1}{2}} \\ &\quad + \sqrt{\frac{l+m_l}{2l+1}} \Psi_{l,j=l-\frac{1}{2},m_l-\frac{1}{2}} \end{aligned}$$

定义 4.4.1 (自旋三重态与单态): 选择 $\{S^2, S_z\}$ 作为对易自旋力学量完全集

$$\begin{array}{ccc} \vec{S}^2 \chi_{SM_S} = S(S+1)\hbar^2 \chi_{SM_S} & S & M_S \\ S_z \chi_{SM_S} = M_S \hbar \chi_{SM_S} & & \\ \hline & \chi_{SM_S} & S \quad M_S \\ \alpha_1 \alpha_2 & 1 & 1 \\ \frac{1}{\sqrt{2}}(\alpha_1 \beta_2 + \beta_1 \alpha_2) & 1 & 0 \\ \beta_1 \beta_2 & 1 & -1 \\ \frac{1}{\sqrt{2}}(\alpha_1 \beta_2 - \beta_1 \alpha_2) & 0 & 0 \\ \hline (\vec{\sigma}_1 \cdot \vec{\sigma}_2)^2 = 3 - 2\vec{\sigma}_1 \cdot \vec{\sigma}_2 & & \end{array}$$

5. 定态微扰

$H = H_0 + W$
一些情况下,基态无简并,可用非简并微扰论处理基态,简并微扰论处理激发态.

5.1. 非简并微扰论

$$\begin{aligned} E_n^1 &= \langle \psi_n^0 | W | \psi_n^0 \rangle = W_{nn} \\ \psi_n^1 &= \sum_{m \neq n} \frac{\langle \psi_m^0 | W | \psi_n^0 \rangle}{E_n^0 - E_m^0} | \psi_m^0 \rangle \\ E_n^2 &= \langle \psi_n^0 | W | \psi_n^1 \rangle = \sum_{m \neq n} \frac{|W_{mn}|^2}{E_n^0 - E_m^0} \end{aligned}$$

5.2. 简并微扰论

对某能级 n

$$\begin{aligned} |\psi^0\rangle &= \sum_{\mu=1}^f a_{\mu} |\psi_{n\mu}^0\rangle \\ \sum_{\mu} (W_{\mu'\mu} - E_n^1 \delta_{\mu'\mu}) a_{\mu} &= 0 \\ \det(W_{\mu'\mu} - E_n^1 \delta_{\mu'\mu}) &= 0 \\ E_n^1 &= E_{n\alpha}^1, \alpha = 1, 2, \dots, f_n \end{aligned}$$

6. 跃迁

对于哈密顿量不含时的体系,通过 Schödinger 方程可求解体系随时间的演化,含时的情况要用含时微扰处理.

6.1. 含时微扰

$$\begin{aligned} H(t) &= H_0 + H'(t) \\ \Psi(t) &= \sum_n C_{nk}(t) e^{-\frac{i}{\hbar} E_n t} |n\rangle, C_{nk}(0) = \delta_{nk} \psi_n(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{\frac{1}{4}} \frac{1}{\sqrt{2^n n!}} H_n(\xi) e^{-\frac{\xi^2}{2}} \end{aligned}$$

定理 6.1.1 (一级 Dirac 近似公式): 从 $t=0$ 到 t 时刻,体系从 $|k\rangle$ 跃迁到 $|k'\rangle$ 的概率幅

$$\begin{aligned} C_{k'k}(t) &= \frac{1}{i\hbar} \int_0^t H'_{k'k}(t) e^{i\omega_{k'k} t} dt \\ P_{k'k}(t) &= \frac{1}{\hbar^2} \left| \int_0^t H'_{k'k}(t) e^{i\omega_{k'k} t} dt \right|^2 \\ H'_{k'k}(t) &= \langle k' | H'(t) | k \rangle, \omega_{k'k} = \frac{E_{k'} - E_k}{\hbar} \end{aligned}$$

6.2. 光的吸收与辐射

$$H = -\vec{D} \cdot \vec{E}$$

7. 矩阵形式

定理 7.1 (么正变换): 对 2 套各自正交归一的基矢,存在么正算符

$$\begin{aligned} U &= \sum_n |b_n\rangle \langle a_n| \\ \text{使得} & \\ |b_i\rangle &= U|a_i\rangle, \dots, |b_n\rangle = U|a_n\rangle \end{aligned}$$

$$\begin{aligned} \langle p|x\rangle &= \frac{1}{\sqrt{2\pi\hbar}} e^{-\frac{ipx}{\hbar}} \\ \langle x|p\rangle &= \frac{1}{\sqrt{2\pi\hbar}} e^{\frac{ipx}{\hbar}} \\ \langle p|H|\psi\rangle &= \frac{p^2}{2m} \langle p|\psi\rangle + V\left(i\hbar \frac{\partial}{\partial p}\right) \langle p|\psi\rangle \end{aligned}$$

8. 势阱的解

8.1. 一维无限深方势阱

$$\begin{aligned} E_n &= \frac{\pi^2 \hbar^2}{2ma^2} n^2 \text{ where } n = 1, 2, 3, \dots \\ \psi_n(x) &= \begin{cases} \sqrt{\frac{2}{a}} \sin\left(\frac{n\pi x}{a}\right) & \text{if } 0 < x < a \\ 0 & \text{elsewhere} \end{cases} \end{aligned}$$

8.2. 一维谐振子

$$V(x) = \frac{1}{2} k x^2$$

$$\begin{aligned} \frac{d^2 \psi}{d\xi^2} + (\lambda - \xi^2) \psi &= 0 \\ \text{where } \omega &= \sqrt{\frac{k}{m}}, \lambda = \frac{2E}{\hbar\omega}, \xi = x \sqrt{\frac{m\omega}{\hbar}} \\ E_n &= \left(n + \frac{1}{2}\right) \hbar\omega \end{aligned}$$

$$\Psi(t) = \sum_n C_{nk}(t) e^{-\frac{i}{\hbar} E_n t} |n\rangle, C_{nk}(0) = \delta_{nk} \psi_n(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{\frac{1}{4}} \frac{1}{\sqrt{2^n n!}} H_n(\xi) e^{-\frac{\xi^2}{2}}$$

where $H_n(x) = (-1)^n e^{x^2} \frac{d^n}{dx^n} e^{-x^2}$

$$\begin{aligned} a &= \sqrt{\frac{m\omega}{2\hbar}} \left(x + \frac{ip}{m\omega}\right) \\ a^{\dagger} &= \sqrt{\frac{m\omega}{2\hbar}} \left(x - \frac{ip}{m\omega}\right) \\ N &= a^{\dagger} a \\ [a, a^{\dagger}] &= 1 \end{aligned}$$

$$\begin{aligned} H|n\rangle &= \left(n + \frac{1}{2}\right) \hbar\omega |n\rangle \\ E_n &= \left(n + \frac{1}{2}\right) \hbar\omega \\ [N, a] &= -a \\ [N, a^{\dagger}] &= a^{\dagger} \end{aligned}$$

$$\begin{aligned} a|n\rangle &= \sqrt{n} |n-1\rangle \\ a^{\dagger}|n\rangle &= \sqrt{n+1} |n+1\rangle \\ |n\rangle &= \frac{1}{\sqrt{n!}} (a^{\dagger})^n |0\rangle \\ a|0\rangle &= 0 \end{aligned}$$

$$\begin{aligned} \psi_0(x) &= \left(\frac{m\omega}{\pi\hbar}\right)^{\frac{1}{4}} e^{-\frac{m\omega}{2\hbar} x^2} \\ \langle x|n\rangle &= \frac{1}{\sqrt{n!}} \langle x| (a^{\dagger})^n |0\rangle \\ &= \frac{1}{\sqrt{2^n n!}} \left(\frac{m\omega}{\pi\hbar}\right)^{\frac{1}{4}} \\ &\quad \left(\sqrt{\frac{m\omega}{\hbar}} x + \sqrt{\frac{\hbar}{m\omega}} \frac{d}{dx}\right)^n e^{-\frac{m\omega}{2\hbar} x^2} \end{aligned}$$

9. 守恒量

定理 9.1 (Ehrenfest): 若力学量 A 不显含时间,有

$$\begin{aligned} \frac{d}{dt} \langle A \rangle &= \frac{1}{i\hbar} \langle [A, H] \rangle \\ \text{证明: 考虑力学量 } A(t) & \text{ 在任意 } |\psi(t)\rangle \text{ 上的演化,可得} \\ \frac{d}{dt} \langle A \rangle &= \left\langle \frac{\partial A}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [A, H] \rangle \end{aligned}$$

此外 A 不显含时间,有 $\frac{\partial A}{\partial t} = 0$.

定理 9.2: 若力学量 A 不显含时间,且 $[A, H] = 0$, 则 A 在任何 $|\psi(t)\rangle$ 下的平均值与概率分布均不变.

例 9.1: 中心力场中的守恒量为 $\{H, \vec{l}^2, l_z\}$.

例 9.2: 自由粒子的态可以用 $\{p_x, p_y, p_z\}$ 标记,对应能量的简并度一般是无穷大.

定理 9.3 (Feynman-Hellmann): 若系统哈密顿量含有某参数 λ , E_n 为哈密顿量的本征值,相应归一化本征态(束缚态)为 $|\psi_n\rangle$, 有

$$\frac{\partial E_n}{\partial \lambda} = \left\langle \psi_n \left| \frac{\partial H}{\partial \lambda} \right| \psi_n \right\rangle$$

定理 9.4 (位力(virial)): 处于势场 $V(\vec{r})$ 中的粒子,动能算符在定态上的平均值为

$$\langle T \rangle = \frac{1}{2} \langle \vec{r} \cdot \nabla V \rangle$$

推论 9.4.1: 当势能为坐标的 n 次齐次函数时,有

$$\langle T \rangle = \frac{n}{2} \langle V \rangle$$

10. Born 近似法

定理 10.1 (Lippman-Schwinger 方程):

$$\begin{aligned} \psi(\vec{r}) &= e^{i\vec{k} \cdot \vec{r}} + \frac{2\mu}{\hbar^2} \int d^3 r' G(\vec{r}, \vec{r}') V(\vec{r}') \psi(\vec{r}') \\ &= \psi_i(\vec{r}) + \psi_{sc}(\vec{r}) \\ G(\vec{r}, \vec{r}') &= G(\vec{r} - \vec{r}') = -\frac{e^{ik|\vec{r}-\vec{r}'|}}{4\pi|\vec{r}-\vec{r}'|} \\ \psi(\vec{r}) &= e^{i\vec{k} \cdot \vec{r}} - \frac{\mu}{2\pi\hbar^2} \int d^3 r' \frac{e^{ik|\vec{r}-\vec{r}'|}}{|\vec{r}-\vec{r}'|} V(\vec{r}') \psi(\vec{r}') \end{aligned}$$

定义 10.2 (散射边界条件):

$$\psi_{sc}(\vec{r}) \xrightarrow{r \rightarrow \infty} f(\theta, \phi) \frac{e^{ikr}}{r}$$

定理 10.3 (Born 近似方法): 将 $\psi(\vec{r}')$ 用零级近似解 $e^{i\vec{k} \cdot \vec{r}'}$ 代替

$$\begin{aligned} \psi(\vec{r}) &= e^{i\vec{k} \cdot \vec{r}} - \frac{\mu}{2\pi\hbar^2} \int d^3 r' \frac{e^{ik|\vec{r}-\vec{r}'|}}{|\vec{r}-\vec{r}'|} V(\vec{r}') e^{i\vec{k} \cdot \vec{r}'} \\ f(\theta, \phi) &= -\frac{\mu}{2\pi\hbar^2} \int d^3 r' e^{-i\vec{q} \cdot \vec{r}'} V(\vec{r}') \\ \text{如 } V(\vec{r}) & \text{ 只与 } r \text{ 有关, 积掉 } \theta, \phi \text{ 有} \\ f(\theta) &= -\frac{2\mu}{\hbar^2 q} \int_0^{+\infty} dr' r' \sin(qr') V(r') \\ q &= 2k \sin(\theta/2) \end{aligned}$$

定义 10.4 (散射截面): $\sigma(\theta, \phi) = \frac{1}{J_i} \frac{dn}{d\Omega}$
 $\sigma(\theta) = |f(\theta)|^2$